



# NEWS RELEASE

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FOR IMMEDIATE RELEASE

## City of Las Vegas April 2006 Leagues, Sports and Swimming Activities (All Ages)

*(All activities are subject to change. List is not all-inclusive. Call centers near you for complete list of classes and activities.)*

### **Free Doolittle Teen Volleyball** (middle and high school students)

Fridays 6 to 8 p.m. and Saturdays 9 to 11 a.m.

Doolittle Community Center Gymnasium, 1950 North J Street, (702) 229-6374.

Wear gym shoes. Parent/guardian waiver required on first visit. Volleyballs provided.

### **Martial Arts for the Beginner** (ages 4-9)

Wednesdays, 6:30 to 7:30 p.m.

Fee: \$15 per month

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

### **Martial Arts for Beginners and Intermediate Students**

Mondays, Wednesdays and Fridays, 6:30 to 8 p.m.

Fee: \$15 per month

Doolittle Community Center, 1950 North J Street, (702) 229-6374.

### **Sports Galore**

Fees: vary; some are free with membership.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Dula offers bowling at Jerry's Nugget; pickle ball, table tennis, bocce, golf, paddle tennis, basketball, volleyball, hiking and weight training. Call for days and times.

### **Youth Gymnastics** (ages 18 months-14 years)

Days and times vary according to age and level of achievement.

Fee: \$29, \$34 or \$42, depending on age and class frequency.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

For beginners through Level 8 recreational gymnasts, includes tumbling, balance beam, mini trampoline, vault and uneven bars.

### **Free Open Table Tennis** (ages 50+)

Monday through Friday, 12 to 2 p.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Mondays and Wednesdays, 9 to 11 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Mondays and Wednesdays, 8:30 to 11:30 a.m.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

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**Free Bocce & Horseshoes Groups (ages 50+)**

Bocce Mondays and Wednesdays, 10 a.m. to noon.

Horseshoes Tuesdays and Thursdays, 10 a.m. to noon.

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

**Municipal Pool Activities (ages 2-adult)**

Municipal Pool, 431 East Bonanza Road, (702) 229-6309.

Available activities year-round include synchronized swimming; lifeguard training; Boy Scout merit badge training in swimming, first aid and lifesaving; water safety and lifeguard training for instructors; learn-to-swim classes, water aerobics, arthritis water exercise, and aquatic therapy for stroke patients and those with other functional deficits. Fees vary.

**Free Basketball (ages 50+)**

Monday through Friday, noon to 1 p.m.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

**Free Paddle Tennis (ages 50+)**

Mondays, Tuesdays and Thursdays, 7:30 to 9:30 a.m.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

**Free Hot to Trot Walking Club (ages 50+)**

Monday through Friday, 6 to 7:30 a.m. Walking track is inside climate-controlled gymnasium.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

**Free Shuffleboard (ages 50+)**

Last Thursday of each month, 9 to 11 a.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

**Low Impact Aerobics (ages 16+)**

Mondays and Wednesdays, 6 to 7 p.m.

Fee: \$15 per month

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

**Pickle Ball (ages 50+)**

Tuesdays and Thursdays, 7:30 to 11 a.m.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Bring tennis shoes. All equipment supplied.

**Outreach Sports (ages 6-11)**

Fees: vary; most are free.

Citywide Youth Sports, 3074 Arville Street, (702) 229-1646.

Fun and safe recreation for children. Scheduled sports include wrestling, track and field, tennis, kickball, martial arts, cheerleading, whiffle ball, war ball, soccer, basketball and flag football. Locations and times vary. Call for information.

**F.L.O.A.T.**

Forming Leisure Opportunities using Aquatic Techniques is an adaptive aquatics program for people with and without disabilities. Call for dates, times and registration (702) 229-4796.

**Basic Paddling Skills**

Fee: \$10 per lesson.

Municipal Pool, 431 East Bonanza Road, (702) 229-6309.

People of all ages and abilities learn how to paddle in a kayak or canoe. Call (702) 229-4796.

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### **One-on-One Swim Lessons**

Fee: \$75 for six 30-minute lessons.

Private instruction is designed to meet the needs of people of all ages and abilities. Call 229-4796.

### **G.O.L.F. – Golf Offers Lifetime Fun** (ages 7-adult)

Individuals of all abilities can sign up for golf lessons, golf leagues and tournaments. For information, call Robert Murray at (702) 229-4903 or e-mail to [rmurray@lasvegasnevada.gov](mailto:rmurray@lasvegasnevada.gov).

### **Outreach**

For information on the following recreation opportunities and programs, please call (702) 229-4900.

Goalball Practices

Lifetime Sports – Archery and disc golf lessons and Junior Olympic Development Program. Call (702) 229-1531.

Power Soccer – for power wheelchair users ages 5 to adult. Call for practice information.

Rock Climbing – Call 229-4900 for dates and information.

Tandem Bike Rides – Held on Friday afternoons. Call for dates and information.

Wheelchair Sports – includes basketball, fitness, football, softball and over-the-line. Call 229-4903 or 229-4796 for information.

### **11 vs. 11 Adult Soccer Leagues**

Wednesdays, beginning March 29.

Fee: \$300 per team, plus \$250 officials' fees.

Cadwallader Community School, 7775 Elkhorn Road, (702) 229-1633.

Cimarron Rose Community Center, 5591 North Cimarron Road, (702) 229-1607.

Lied Community School, 5340 West Tropical Parkway, (702) 229-5072.

Molasky Community School, 7801 West Gilmore, (702) 229-5345.

All games will be played at the new soccer complex at Buffalo and Washington; four divisions are Coed Open Age, Coed Over 35, Men's Over 35 and Women's. Call Franco at 769-5730 for more information or a coach's packet.

### **Project D.I.R.T.** (ages 22+)

The Developing Interests in Risk Taking program provides people of all abilities the opportunity to explore new recreation and leisure possibilities through alternative recreation and outdoor adventure experiences.

Camping trips include transportation, tents and food. Pre-registration is required. Call (702) 229-4796 for information and registration.

#### **Lake Mead Camping Trip**

Saturday and Sunday, April 1-2      \$50

### **Biddyball Flag Football League** (ages 5-8)

Saturdays, beginning April 1. Registration February 27 through March 10.

Fee: \$45, includes team T-shirt.

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

A non-competitive league for developing skills. Players will be placed on teams by lottery at the pre-season clinic March 18.

### **Youth Flag Football League** (ages 9-14)

Saturdays, beginning April 1. Registration open February 27 through March 10.)

Fee: \$50, includes team T-shirt.

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

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**25<sup>th</sup> Annual Pro-Am National Basketball Tournament** (ages 12+)

Thursday through Saturday, April 6-8

Fee: \$1,000 Men's team; \$500 Women's team; \$125 Youth team (14 and younger) and Midget team (12 and younger). Spectator admission charge to be determined.

Chuck Minker Sports Complex, 275 North Mojave Road, (702) 229-6563.

Tournament headquarters will be Tarkanian Center. Three-game guarantee each team. For more information go online to [www.national-proam.com](http://www.national-proam.com), e-mail [nationalproam@hotmail.com](mailto:nationalproam@hotmail.com) or call (516) 292-4055.

**Adult Softball Leagues**

Monday through Friday, beginning April 10. Open registration March 20-24.

Fee: \$475 per team plus \$168 umpire's fees.

Men's, women's, church and coed leagues played at city of Las Vegas parks, including Freedom, Lorenzi, Doc Romeo and Veterans Memorial fields. Pre-registration March 13-17 for teams that played in city softball leagues since Summer 2005.

**Mae Fisher Memorial 26<sup>th</sup> Annual Las Vegas Easter Classic Basketball Tournament** (ages 9-17)

Wednesday through Sunday, April 12-16

Fee: \$550 per team; includes souvenir T-shirt. Spectator admission charge to be determined.

Tournament headquarters is Durango High School, with games held at many facilities, including Chuck Minker Sports Complex, 275 North Mojave Road (229-6563), and Doolittle Community Center, 1950 North J Street (229-6374). Call (800) 499-6692 for information or go online to [www.visionsports.com](http://www.visionsports.com). The event is sponsored by Vision Sports and the city of Las Vegas Department of Leisure Services.

**T-shirt Sports T-ball** (ages 2-5)

Saturdays, April 15 to May 20; 10 a.m. for ages 2-3, 11 a.m. for ages 4-5.

Fee: \$30 for ages 2-3; \$45 for ages 4-5.

Doolittle Community Center, 1950 North J Street, (702) 229-6374.

Children are introduced to basic skills and fundamentals in a recreational environment.

**Las Vegas Spring Showcase Basketball Tournament** (boys ages 9-18; girls varsity division only)

Friday through Sunday, April 28-30

Fee: \$425 per team; includes souvenir T-shirt. Spectator admission charge to be determined.

**Spring Youth Basketball League** (ages 6-15)

Monday, beginning May 1. Register in advance.

Fee: \$250 per team, plus officials' fees

Doolittle Community Center Gymnasium, 1950 North J Street, (702) 229-6374.

Youth will play in divisions by grades 2-3, 4-5, 6, 7 and 8.

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